

August & September-2016

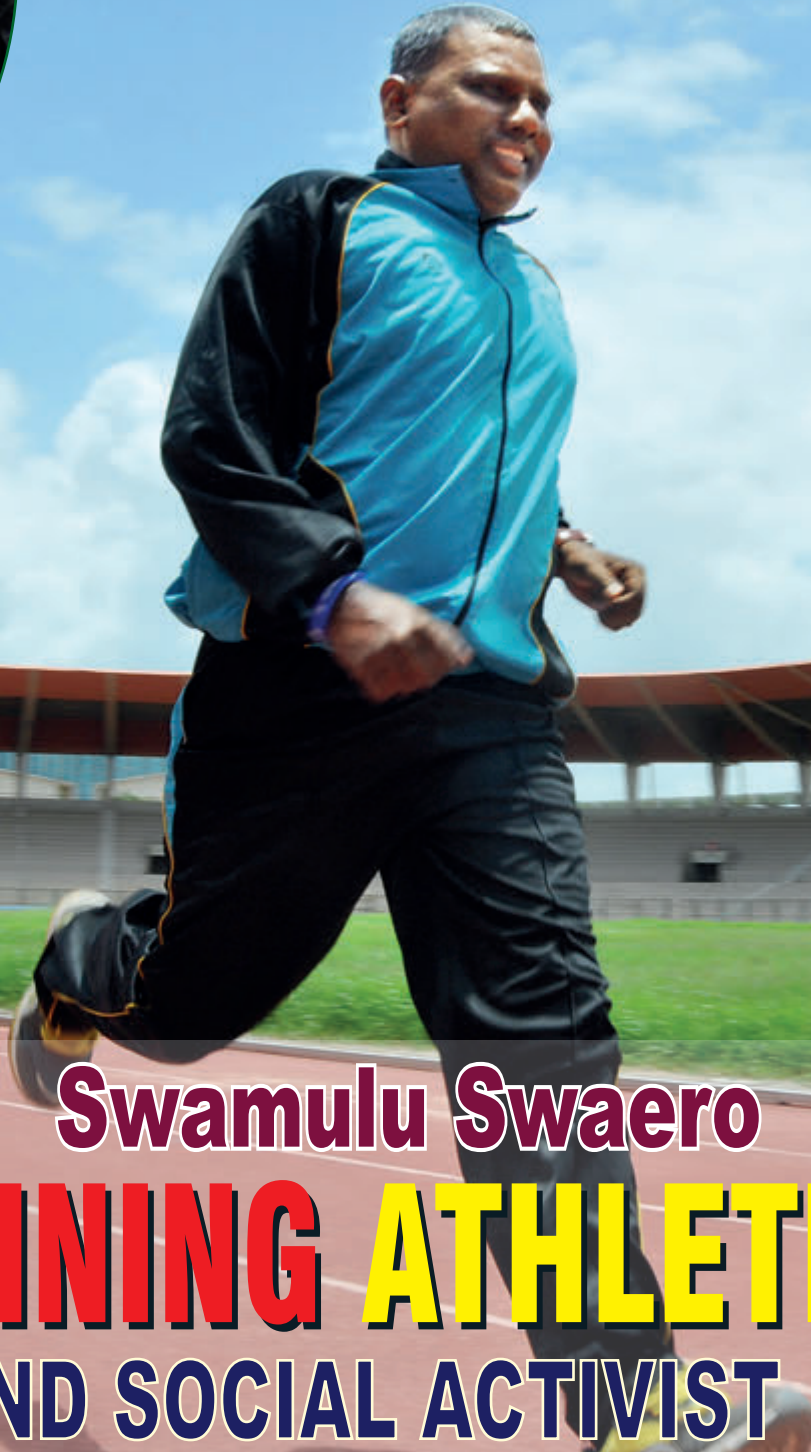
Swaeroes

GO SWAEROES GO COSMOS

An in-house journal of
Telangana Social Welfare & Tribal Welfare Residential Schools



Hon'ble Chief Minister
KCR Launches
HARITHA HAARAM
to save our Planet



Swamulu Swaero **SHINING ATHLETE** AND SOCIAL ACTIVIST

A Proud Moment in the history of Social and Tribal Welfare Residential Educational Institutions Societies



Young Mountaineers from TSWREIS & TTWREIS who conquered Mt. Kilimanjaro in Tanzania in South Africa accorded grand welcome at Rajiv Gandhi International Airport, Hyderabad.



Secretary Dr R.S. Praveen Kumar felicitates Mt. Kilimanjaro heroes on successfully conquering the majestic mountain.

MRDT

(Material Research & Development Team)
of
TSWREIS

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A word from the Editor

Dear Swaeroes and Colleagues,

The TSWREIS has been playing an instrumental role in designing several innovative programmes for empowerment of students and teachers. The Society unveiled a unique '**New Quality Policy**' (2016), to encourage teachers employ latest technologies and innovative teaching methods to meet the challenges of the 21st century. I complement and thank E. Lakshmaiah, Deputy Secretary (Acad), Ms. Geeta Laxmi, Deputy Secretary (Acad) and Mr. George Varkey, Academic Coordinator, who worked tirelessly in planning and conducting the monthly seminars successfully.

I am happy to share with you that the TSWREIS and TTWREIS jointly bringing out the Swaeroes in-house journal and Ms. Hima Bindu (Academic Co-ordinator, TTWREIS) is the sub-editor. I thank her for invaluable contribution to the magazine.

I congratulate and thank DCOs, principals, teachers, students and staff members for undertaking massive tree plantation drive in all our institutions as part of the prestigious Haritha Haaram programme being launched by the Hon'ble Chief Minister Sri K. Chandrasekhar Rao. Your efforts in mitigating the effects of deforestation and global warming are greatly commendable.

I commend our Head office staff, DCOs, principals and teachers for successfully conducting entrance tests and counseling for admission into various classes for the academic year 2016-17. A new era of great hope and promise for the deprived children began with the inauguration of 103 new schools across the state in the academic year 2016-17. The Secretary said that the new institutions would further liberate around 2 lakh families from poverty.

Stories of Solapogula Swamulu, Tina Dabi, Pravalika and Sharon Rose are featured in this issue. I am sure you find their stories inspiring. Thank you for reading Swaeroes magazine.

"Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time." – Thomas A. Edison

B. Venkat Raju 

Go Swaeroes... Go Cosmos... Go Heroes

You are all requested to send your contributions to the new mail contentmanagerts@gmail.com hereafter.

MY SCHOOL



Students greet Hon'ble Chief Minister

Hi Swaeroes!

This is N. Snehalatha, 10th B, TSWRS/JC Mittapalli (Girls), Medak district.

It is a matter of pride that the Hon'ble Chief Minister of Telangana **Sri K. Chandrasekhar Rao** planted saplings in our school premises as part of the **Haritha Haaram programme** in the year 2015. We planted close to 2000 saplings in the presence of our beloved Chief Minister. Today our campus has a clean, green and eco-friendly environment with a variety of green shrubs, fruit bearing and flowering plants.

In my opinion our computer lab is the most well equipped lab in the TSW Residential Educational Institutions. We are grateful to our Secretary and Ms. Anamika Sharma from the TATA Business Support Services (TATABSS) for setting up a modern computer laboratory and it is really a boon to our school.

Our Principal R. Prasanthi conceived a unique 'Science from Scrap' programme to convert waste materials into scientific instruments and mathematical models. We use waste materials like wooden planks, card boards, plastic sheets, papers, etc., for designing scientific instruments, mathematical models and scientific exhibits.

Our school organized zonal level COSMOS Science fair on a grand scale and exhibited more than 120 scientific models on a wide variety of themes. The Hon'ble Minister for Irrigation, **Sri Harish Rao** inaugurated the science fair. Sri Ronald Rose, IAS, District Collector, Medak., Srinivas K., MD & CEO TATA BSS., Sri Hanumantha Rao, ISRO scientist attended the Cosmos fair among others and they appreciated our school teachers' efforts in promoting innovative scientific concepts.

It is a great honour and privilege that our school bagged the first prize in the Quick Impact Category, a national level competition organized by the '**Design for Change – I CAN School Challenge**', Ahmedabad, Gujarat. Our story titled '**How to get rid of House Flies**' was adjudged as one of the top five best stories among 2,580 entries at the national level in the year 2015. Our schoolmate Premalatha received a memento and a cash prize of Rs 15,000/ for her innovative story.

Our Principal in coordination with Mr. Pramod initiated a pioneering programme called 'School Walk-Throughs'. A School Curator team consisting of 10 students was constituted and the team is entrusted with the task of identifying repairs in bathrooms, toilets, dining halls, classrooms, labs, etc. The curator team conducts Walk-Throughs on a regular basis and provides feedback to the principal for appropriate action.

Our teachers have been striving hard to improve our communication skills in English through E-Plus and W Plus Clubs. Our Principal and teachers have been providing a platform for the students to showcase their skills and talents. I am fortunate to be a part of this wonderful school.



Children explaining their models to the Hon'ble Minister Harish Rao
Cosmos Science Fair, Mittapalli, Medak.

Cover Story





Swamulu Swaero

SHINING ATHLETE
AND SOCIAL ACTIVIST

“If you can’t fly, then run,
if you can’t run, then walk,
if you can’t walk, then crawl,
but whatever you do,
you have to keep moving forward.

Dr. Martin Luther King.Jr.

History is replete with people coming out with flying colours in the face of abject poverty and unfavorable conditions. But there are some outstanding and exceptional individuals among them who stand apart because of their commitment and concern to help others faced with similar situations. Taking ‘the first step’ is a herculean task for a poor little boy, whose life journey started from the misery of abject poverty to a successful athlete, educationist and social activist.

Despite of his traumatic childhood, Solapogula Swamulu created history by taking ‘the first step in faith’ with his commitment and perseverance and broke the shackles of poverty, caste and class barriers and set the tracks ablaze by his outstanding performance in athletics. The success story of Mr.Solapogula Swamulu, an orphan turned to a Physical Education Teacher and Social activist, is truly phenomenal and inspiring for many....
Read on....

Edited excerpts from an interview:

Traumatic Childhood

I hail from Bukkapuram village of Alampur mandal, Mahabubnagar, Dist. I was born in a poor marginalized family. My parents were illiterate laborers. I am the middle of the five siblings. When we were traveling in a boat to attend Singotam jatara in 1987, our boat was capsized in the Krishna river, drowning 27 passengers, including my parents and a sister. A boy and I clung to the capsized boat, which took us to a faraway place, where we were rescued by the local people. Then I was a seven year old boy. This tragic incident made our lives topsy-turvy. It took a long time to come back from that trauma and shock. He recalls, "facing the trauma of loosing both the parents is devastating and unbearable". We, the siblings, stood united in those miserable times of despair and deprivation.

Educational Background:

Keeping in view of my poor economic plight, I was admitted in a Social Welfare Hostel at Alampur. Thanks to the Warden, who encouraged me to get admission into Social Welfare Residential School, JP Nagar, Mahabubnagar. The step towards that school was a turning point in my life, as I found an opportunity to shape my personality under the guidance of my teachers. There I realized the importance of education in transforming the lives of poor people. I owe my gratitude to my Physical Education Teachers, S.Someshwar, J.Meshak Babu, Adi Babu and PV Badri Nath who played a pivotal role in choosing my career as an athlete. After completing my SSC, I joined in Sports Hostel at Hyderabad run by the Sports Authority of Andhra Pradesh. Behind my ten year stay in the Sports hostel, which was a rare and unusual for any other athlete, was my mentor, Sri.Someshwar, Sports Officer, TSWREIS. After that my career graph started shooting up with completion of BA, MA, UGDPEd, B.P.Ed, M.P.Ed, M.Phil and Ph.D, with flying colours from Osmania University, FSTO & FTO(Technical Qualification).

Achievements and Awards:

I represented the state and the nation in many athletic tournaments and had hundreds of titles to my credit. “As a teenager, I won the State level Championship Award in 400 m Sprint at Vizag and it remains the most prized title and it is a milestone in my career. I won the State Best Athlete Award in 2002, Government of Andhra Pradesh. It’s a memorable moment for me to participate in 32nd National Games held in Hyderabad in 2002. I got the Best Performer Prize in 12.5 km cross-country, All India Inter University Competitions held in Kurukshetra, Haryana, 2001.

Level of Participation	Total competitions Participated	Gold Medals
District	80	80
State level	25	25
National	20	02
All India Inter University	06	01

Honours

State Best Athlete Award- 2002, Government of Andhra Pradesh; Technical Official of Senior Rio Olympic Athletics Selection, India.



Overcoming Challenges:

I strongly believe that hard work and faith in one's own abilities are key to success. The school life put me through many tests but the guiding hand of education enabled me to sail through turbulent times and hardships. As an athlete, I have had success and failures but I have never get disheartened because of my positive attitude. I have had very sad moments, when I couldn't attend some important tournaments at state and national level due to economic constraints. During my school days, I was forced to work as a construction labor in Hyderabad in summer vacation to meet the expenses of my family. All these hardships haven't been hurdles in achieving my goals.

Qualities of a Successful Athlete:

I am glad to get training along with the stalwarts of the Indian Athletic field P.T.Usha, Ashwini Nachappa, Karnam Malleshwari and other legends of the Sprint track whose guidance helped me to hone my athletic skills. In my opinion, "A good athlete must have the qualities of endurance, quick reflexes, flexibility, agility and positive attitude". When I started coaching the rural youth, I observed that their poor economic background, lack of self confidence and poor physical fitness levels are hindering their performance. I am trying to create awareness among them the importance of balanced diet and positive attitude in performing well in sports.

Payback to the society:

As I have experienced the miseries of poverty, I can understand the plight of the poor rural students who cannot afford their studies. So I decided to extend a helping hand in realizing their dreams. Dr. R.S. Praveen Kumar, IPS, the Secretary, TSWREIS, is a major source of inspiration for me. He is in the mission of Payback to the Society with his tireless efforts in inspiring the marginalized communities. I am greatly influenced by his ideology and as a Swaero, I would like to join him in his mission. As a part of it, I with the help of the villagers of Mekaguda, Kothur Mandal of Mahabubnagar prepared 400m track, and long jump, high jump pits and short put circles. I started free training to the rural youth so that their energies can be tapped and channalised in a proper way. I feel proud that more than six hundred candidates who were trained under my guidance, have got selected as sub-Inspector of police, constables, soldiers and physical education teachers. I strongly feel that lack of resources should not hold anyone back. I feel a sense of satisfaction in paying back to society by training the poor, talented youth to achieve their goals. My vision is to channelize my energies into triggering positive change in the lives of poor communities.

Ms. K. Rajitha,
JL (Eng) Madikonda.



PE teacher provides free training for aspiring cops

MAHBUBNAGAR
● K Amruth Rao

Over 600 trainees of PE teacher Swamulu have got jobs in central and state police forces thus far Service to humanity is service to divinity, goes the saying. Solapogula Swamulu, a Physi-

cal Education (PE) teacher of Mekaguda High School in Kothaguda mandal, always had the desire to give something back to society.

He found his mojo in training unemployed youth to prepare them for police recruitment and defence related jobs. Free of cost. And he has been doing this since 2012.



Training Day

100/800
metre race

- Shot put
- Long jump
- High jump

5 athletes

Bhaskar, K Raju, K Lal Singh, M Goutami and M Aivelu won gold medals at national-level tourneys

15 athletes

won medals at state-level

50 athletes

won medals at district-level

130 aspirants

have enrolled in his training camps in 2016

“ Many poor and unemployed youth are not getting jobs as they can't afford the training. This moved me completely. I have decided to provide free training to all of them and help them get government jobs. I am happy that many of my students have secured jobs in various state and central government services

— SOLAPOGULA SWAMULU, TRAINER

I consider it my luck to be undergoing SI training for free under Swamulu, who does not accept any fee from his trainees. I am confident of getting the job

— SRIDHAR NAIK, AN SIASPIRANT

My parents work as daily labourers in Shadnagar and we live in a small hut. The training has come as a boon for me. I want to get the job

— CHANDRAKALA, A CONSTABLE-POST ASPIRANT



Hello SWAEROES,

This article deals with Aerospace Engineering (B.Tech) course, fee details, eligibility criteria, career opportunities, etc.

Aerospace Engineering

Aerospace Engineering is a four years fulltime course. The B.Tech program in Aerospace Engineering deals with applications in aircraft engineering, rocket and space technology, satellites, structural mechanics, manufacturing of missiles, rockets, aerodynamics, propulsion and space dynamics .

Eligibility Criteria

10+2 Intermediate (MPC) with fairly high percentage of marks in Mathematics, Physics and Chemistry subjects. One must pass the qualifying exam i.e. IIT- JEE for admission into aerospace engineering course.

List of top institutes offering B.Tech & M.Tech Courses in India

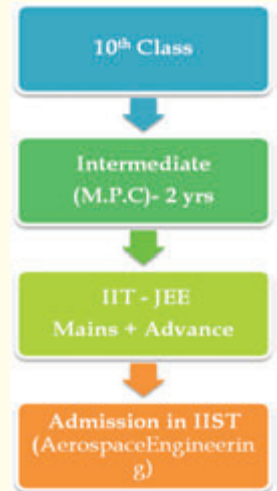
- | | |
|---|---|
| 1.Indian Institute of Space Science and Technology (IIST), Thiruvananthapuram, Kerala | 4.IIT Mumbai, Kanpur, Kharagpur and Chennai |
| 2.ISRO Satellite Center, Bangalore | 5.Hindustan Aeronautics Limited |
| 3.National Aerospace Laboratories | 6.Madras Institute of Technology |

Fee Details

- Free of cost in IIST, Thiruvananthapuram
- Average fee Rs 40,000/ per annum in IITs and other premier institutes.

Careers Options

- Civil Aviation
- Defense R&D laboratories
- Space Research Organizations
- CSIR laboratories
- Universities (Faculty positions)



N.SRI HARI HARA RAJU

Expert Career Counselor
Vidya Help Line
Nirmaan Organization.

OBITUARY

TSWREI Society profoundly mourns the sudden demise of our beloved teachers who played an instrumental role in transforming the lives of the needy and poor children. Heartfelt condolences to the family members

May their Soul rest in Peace



1963 -2016

Sri K. Rangaswamy
JL (English)
NANCHERLA, R.R. DIST.



1966 - 2016

R.Venkateswarlu
PGT (Maths) Bhiknoor (B)
Nizamabad



1964 - 2016

Abdul Saleem
JL (Economics)
Alwal, Medak

The pessimist sees difficulty in every opportunity.
The optimist sees the opportunity in every difficulty.
WINSTON CHURCHILL



Secretary at the Health Camp

The initiative has come in response to the Secretary's call to the Panacea medical team to provide quality medical services to the employees and the students. The Secretary said that the Society is committed for protecting the health and well-being of its employees and students.

PANACEA Health Helpline Toll Free Number 040-45511222

Health Camp for Employees

TSWREI Society in association with Panacea organized a free health check-up drive for all the head office employees of the TSWREIS and the TTWREIS. A team of doctors from various medical streams including gynecology, dermatology, eye, internal medicine, dental and physiotherapy conducted the health camp at Hyderabad. The employees were screened for diabetes, blood pressure, haemoglobin, dental and other health related problems.



SAVE THE GIRL CHILD

The mother is in pain. She has two sons. Raju and Balu were 5 and 3 years respectively. Although she loved them so much, her heart wished for a daughter. Somewhere deep inside the pain a small glimmer of hope came forth conforming that it would be a girl. Yet Lalitha was not assured. Nightmares haunted her mind. There were nights when she woke up perspiring, eventually feeling relieved that it was only a dream. Sons were a bit hard to handle. However, a daughter could be a constant source of happiness and joy and so she hoped for a daughter.

Finally her wish came true. A little girl was born in the month of August. A mop of curly hair on the top framed her pretty little face. Soon, Manasa, as the little girl was called, gave immense pleasure and joy to the family. The mother's happiness knew no bounds. The following years were filled with the mother keeping the daughter happy and preparing her for the game known as life. Even the boys who were once naughty became responsible for their little charming sister.

Manasa was naturally close to her mother and held her very dearly to her heart. They shared a bond that was unbreakable. The little girl grew up by trying to make her mother a proud woman. She made it through by proving to be a successful fashion designer. Manasa also had an innate passion for music and art. Not only was she a responsible daughter but also a kind and caring person.

A daughter is a gift to her parents. She can make an ordinary day shine. She is the one who grows up to be a friend. But in this world many mothers lose their daughters for various reasons, and female foeticide is a grave social problem in India. A daughter has to be loved for the little girl she was, the special woman she will become and the wonderful daughter she will always be.

SAVE THE GIRL CHILD FOR A BETTER TOMORROW!

Swaetcha Repalle Swaero & Vaishnavi



Secretary's FITNESS MANTRA

Dr R.S. Praveen Kumar, the Secretary of the TSWREIS leads from the front and is a fittest IPS officer. Secretary leads an extremely disciplined life and is a compulsive fitness freak. He unquestionably says **"if someone is not able to workout because of busy work, he/she is not doing any real work at all"**. He points out that his daily fitness routine involves combination of food and exercise. Dynamic Secretary talks about his fitness mantra for the first time.

Excerpts :

Good morning sir, we know that you are a marathon runner? Could you please tell us your accomplishments in athletics?

I have been able to run a lot so far. I was cross country champion, 1500 mtrs champion and unarmed combat champion in National Police Academy, Hyderabad. In 2006, I ran from Serbian border to Prisitina, Kosovo in former Yugoslavia. I have reduced intensity of physical training, as I have to understand my body.

Please tell us about your workout regimen. Do you set fitness goals for yourself?

I am a compulsive fitness person. I set up pragmatic fitness goals for myself. I do not search for excuses. I believe if you are physically fit then only you will be able to serve people better and longer. In fact, it is scientifically proven that running gives you lot of ideas. My fitness goals are; undergo annual medical check-up, keep body weight below 70 kgs at any cost, keep BP normal, resting pulse rate below 65, and so on. My target is 30 km jogging in a week.

Sir, you are a very busy officer, how do you balance your office and physical fitness schedules?

I never allowed busy work schedules, tours, meetings interfere with my fitness regimen. Both go hand in hand. If someone says he/she is not able to work out because of work, he/she is not doing any real work at all. I always carry sports shoes, skipping rope, push up kit, and a pair of dumbbells with me in my car. Listening to music and having a great company while running augments my energy while exercising. I keep my physical training schedules very flexible.

The Secretary ran for 42.2 kms in 5 Hrs.24 Min., on 28th Aug.2016. It shows remarkable endurance and will power of an officer who is 48 years old.

What is your diet plan?

There is no specific diet I take. I am a big fan of Jowar roti, as I grew up in rainfed areas of Kurnool and Mahaboobnagar. I take non-veg occasionally. I am naturally not an admirer of fried food. I skip breakfast on Sundays. During Swaero Holy Month (March 15- April 14) we completely avoid non-veg. Alcohol and smoking are strictly prohibited in Swaeroism. Fortunately, I gave up these two habits long ago after I turned Ambedkarite.

What is your message to Swaeroes?

My message to swaeroes is to never give up on fitness, no matter wherever you are.

S. Someshwar,
Sports Officer



Curiosity

Corner

CAMOUFLAGE

A World of Deception

The earth is a unique planet on which extraordinary richness of life, ecosystems and breathtaking landscapes exist.

Survival can be a daunting task in the wild – especially if you're smaller or slower animal than your predators.

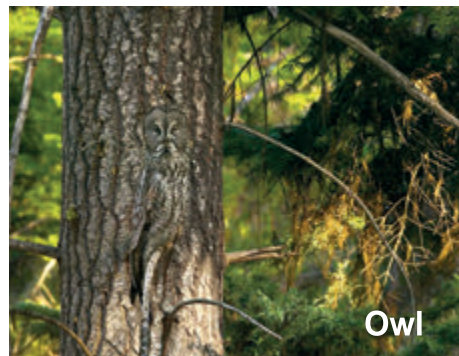
During the course of evolution, plant and animal species have developed exceptional adaptive mechanisms to survive and reproduce.

Many plant and animal species have evolved cryptic coloration (camouflage) techniques so as to blend into their ecological surroundings to avoid being detected and eaten by the predators.

Animals are masters of disguise, in fact you might have failed to recognize a lot of camouflaged organisms in your surroundings.

Here are a few examples of animal camouflage and look at the fascinating world of deception and cryptic coloration of animals.

Venkat Raju B





The Salient Features of NEW QUALITY POLICY -2016

P. Venkateshwar Rao, JL English,
TSWR (IIT – LTCD) Jr.College, Gowlidoddi



Introducing the New Quality Policy 2016(NQP) for Social Welfare Residential Educational Institutions of Telangana State under P 5 Initiative paves the way for all round academic development of teachers and students. There is not even an iota of doubt that there are many teachers in the Society who are straining every nerve to refine and polish their methods of teaching to uplift the academic standards of their students. Our teachers are playing pivotal roles in the transformation of different strategies and innovative pedagogic approaches to make their teaching purposeful and informative.

A teacher is always a learner. An ideal teacher learns so many things from his students. A teacher has to update himself/herself from time to time to suit the needs of changing society. Teachers are used to lecture methods and thereby students have no chance to participate in the learning process and they are becoming passive. There is no room for their blossoming. The substantial potentialities of students which are latent in them are to be bloomed. To put a full stop to the traditional methods of teaching, it is imperative to follow NQP which is aimed to bring about a change in teachers' pedagogical methods. Then only the role of teachers become fruitful and progress be achieved.

The NQP offers an opportunity to all the teachers to look into themselves and also provides an idea to assess themselves and also to check where they are. There are so many good teachers who can only teach in the class but they feel uncomfortable to teach in the presence of other teachers and experts. They are not getting exposed. They suffer from phobias and inhibitions. Seminars are the best devices with which we overcome such types of weaknesses. The NQP is a boon to underperforming teachers and they get the privilege of guidance by experienced teachers. As this NQP is recently introduced, some teachers are apprehensive and feeling foreign to it. But once we get accustomed to the NQP, it becomes satisfying and rewarding in the days to come. It is intended not to intimidate any teacher. It certainly enhances the teaching capacities of teachers, standards of our institutions, to accelerate and improve the teaching learning process in the classrooms.

So, let us go ahead positively and make the NQP which has multipurpose advantages a grand success to bring laurels to the institutions and to undergo a complete transformation from traditional to pragmatic teaching approaches.



For polymath...

Amicable and Hail Stone Numbers

Do You Know.....

Amicable numbers:

Amicable numbers are pairs of numbers, each of which is the sum of the others aliquot divisors.

Ex: 220 and 284 are amicable numbers whereas all the aliquot divisors of 220 (i.e.) 110, 56, 44, 22, 10, 5, 4, 2, 1 add up to 284.

And all aliquot divisors of 284 (i.e.) 142, 71, 4, 2, 1 add up 220.

Other amicable numbers are 1184; 1210; 2620; 2924; 5020; 5564; 6232; 6368; 10744; 10856

Hail Stone Numbers:

There are many simple questions about numbers that no one has been able to answer. Start with any number, if it is even divide it by 2, if odd multiple by 3 and add 1 then keep going

Writing down the sequence of numbers that you generate

For example, with 7, we led by these rules

7 → 22 → 11 → 34 → 17 → 52 → 26 → 13 → 40 → 20 → 10 → 5 → 16 → 8 → 4 → 2 → 1

It seems no matter what number you start with eventually you will hit a '1'. These sequences are called 'Hailstone numbers' like hailstones, they go up and down a number of times before inevitably falling to the Earth.

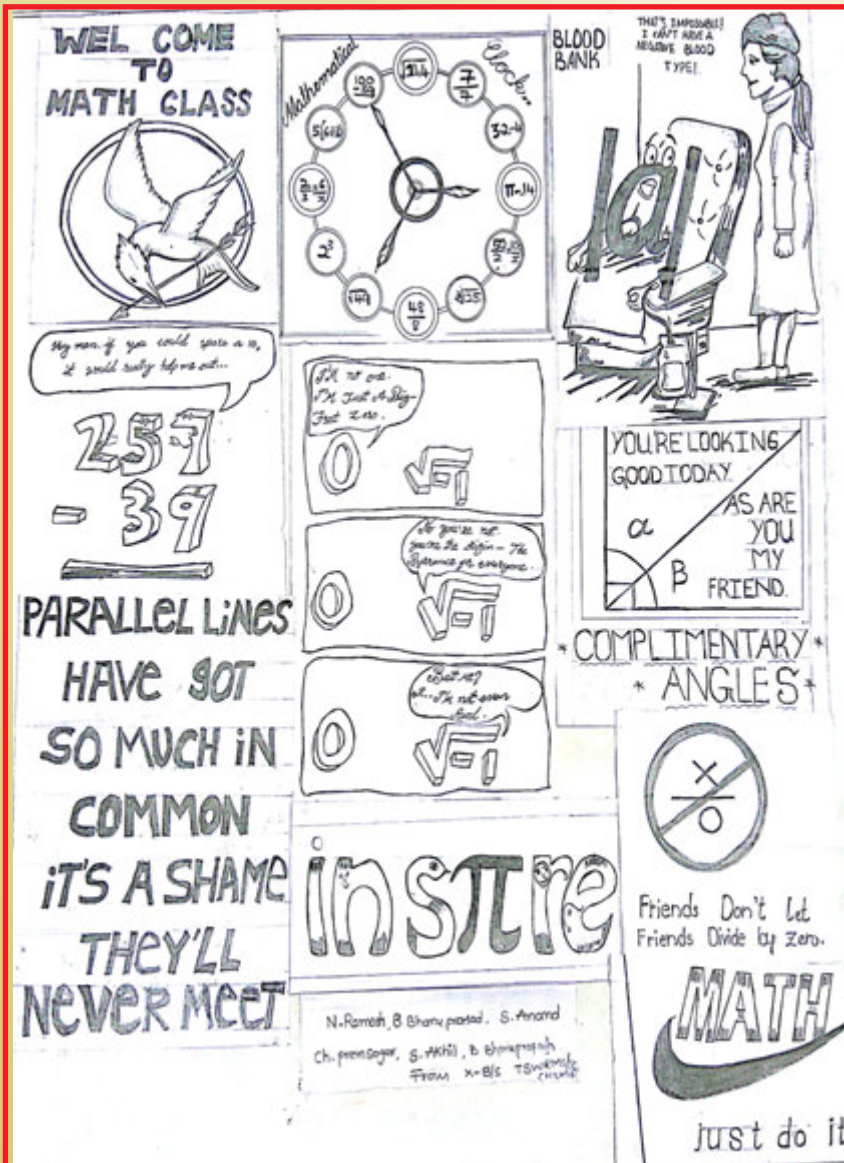
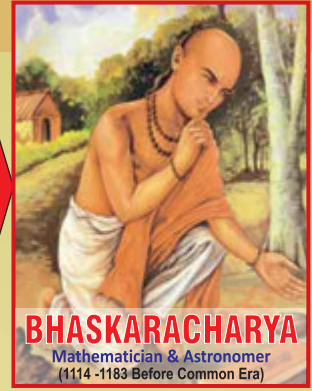
Bhaskaracharya - A Great Discoverer of

Lilavati

[Quadratic equations, Cubic equations and Quartic Indeterminate equations]

Bijaganita

[Algebraic Calculation OR Algebra]



1. Do you know the last digit of sum of $1^{2016} + 2^{2016} + 3^{2016} + \dots + 9^{2016}$

sol: The last digit of 1^{2016} is = 1
 The last digit of $2^{2016} = (2^4)^{504}$ is 6
 The last digit of $3^{2016} = (3^4)^{504}$ is 1
 the last digit of $4^{2016} = (2^{4032})$ is 6
 The last digit of $5^{2016} = (5)^{2016}$ is 5
 The last digit of $6^{2016} = (6)^{2016}$ is 6
 The last digit of $7^{2016} = (7^4)^{504}$ is 1
 The last digit of $8^{2016} = (2^{6048})$ is 6
 The last digit of $9^{2016} = (9^2)^{1008}$ is 1
 The sum of Number of last digit is 33
 The last digit of sum of $1^{2016} + 2^{2016} + 3^{2016} + \dots + 9^{2016}$ is 3

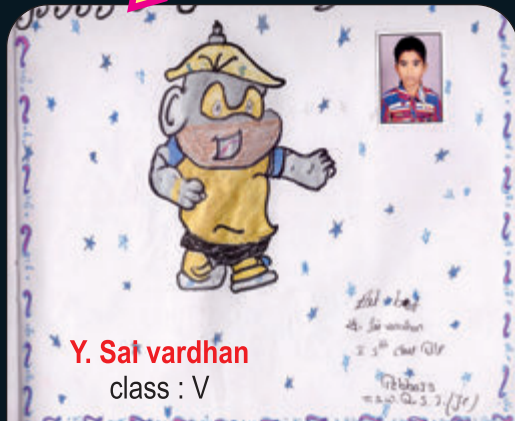
P.V. Vivekananda
Principal, Hatnoora



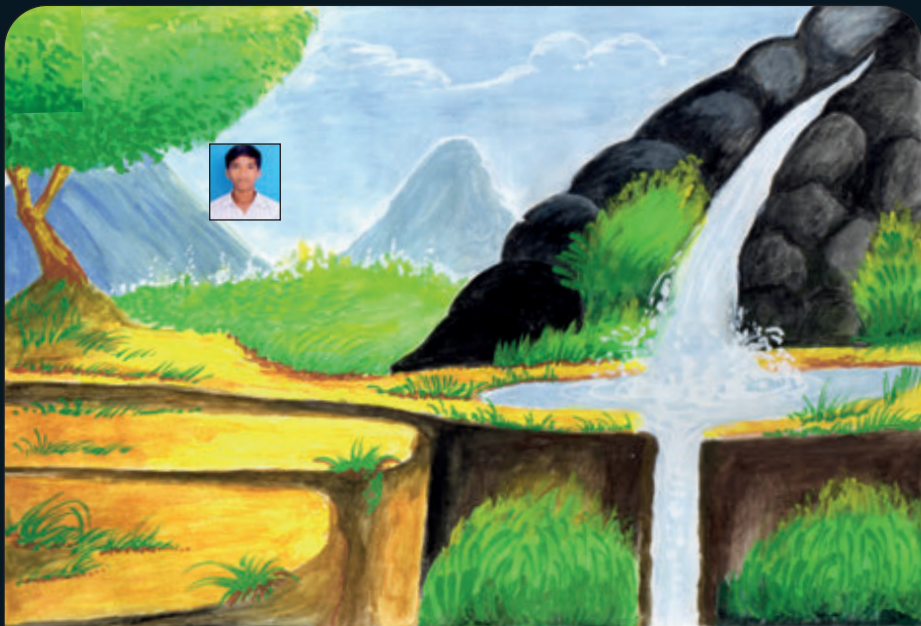
Nothing is impossible, the word itself says "I'm possible"!

-Audrey Hepburn

HeArt 4



Y. Sat vardhan
class : V



M. Poojitha
class : VIII



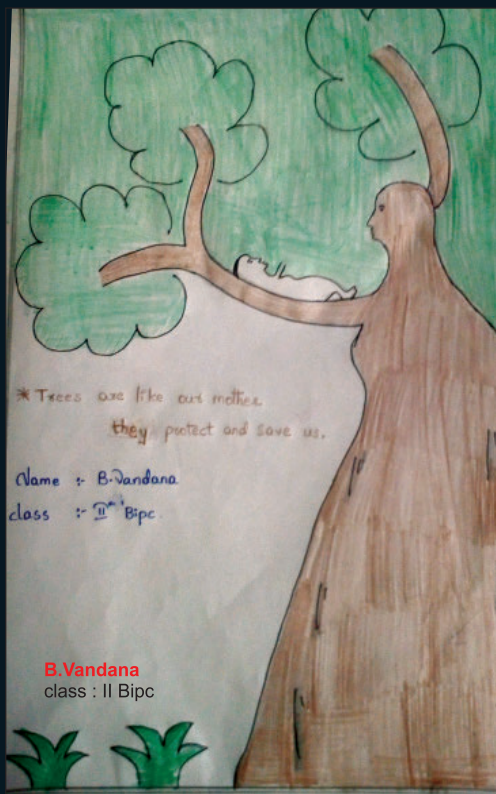
C. Siddhartha
class : V



Art by
P. Anandhini devi
St. Elizabeth's
TSWREIS (2020)



Ch. Ramya
class : X



* Trees are like our mothers,
they protect and save us.

Name : B. Vandana
class : II Bipc

B. Vandana
class : II Bipc

Haritha Haaram - Greening Telangana

An Endeavour to turn Telangana into a Lush Green State

“Forests are the world’s air-conditioning system—the lungs of the planet—and we are on the verge of switching it off.” Prince Charles



Trees are lifeline for humans and animals. From the oxygen we breathe in, food that we consume, the timber we get, medicines that we prepare and the clothes we wear, we all owe it to the trees. Walk through any forest area in the country and you will observe that there is unprecedented deforestation and destruction of natural habitats. In fact, if the present trend continues unabated, then we will see disappearance of many forests in the next 50 years. Many plant and animal species are on the brink of extinction, forests have shrunk, coastlines and rivers

Benefits of Tree Plantation

- Provide shade and keep the earth cool
- Increase rains
- Block winds
- Air purification (pollution absorption)
- Absorbing carbon and releasing oxygen
- Flood control
- Habitat for diverse organisms (e.g. plants and pollinators)
- Provide recreation
- Noise reduction
- Reduce Soil erosion
- Source of food, fodder, grazing spaces, timber, etc.

- Venkatraju B

are altered due to indiscriminate exploitation of natural resources by humans in blind pursuit of wealth. The need of the hour is to turn the tide towards conservation of existing forests and bring larger areas under green cover to mitigate the problems of climate change and global warming. Concerned over the large scale deforestation in the state, our visionary Chief Minister Sri K. Chandrasekhar Rao initiated an ambitious Haritha Haaram flagship programme with a noble cause of increasing green cover of the state from the present 24% to 33%.

TSWREI Society had undertaken tree plantation on a massive scale in all its institutions with fervor. The students and the staff

have turned the programme into a major green movement by planting trees in school campuses, neighborhood and along the roadside. T. Akhila, VIIIA from TSWRS/JC GV Gudem, Nalgonda Dist., who took part in the Haritha Haaram programme said that “it’s time we acted and promoted sustainable environmental practices for well-being of our future generations”.

It is a matter of pride that Sri. G. Jagadish Reddy, Hon’ble Minister for Scheduled Caste Development, Sri. P. Mahender Reddy, Hon’ble Minister for Transport., Dr RS Praveen Kumar, Secretary and MLAs planted saplings at Gowlidoddi Magnet school.

“A nation that destroys its soils destroys itself. Forests are the lungs of our land, purifying the air and giving fresh strength to our people.” » Franklin D. Roosevelt



Hon’ble Chief Minister Sri K.Chandrasekhar Rao and Hon’ble Minister Sri G. Jagadishwar Reddy planting saplings in Hyderabad



Parkal



JP Nagar



Parigi



Gowlidoddi



Mannanur



Ingurthy



Bellampally



Andole



Tekulapally



G.V. Gudem



Eklara



Marikal



Biknur



Bellampally



Cheriyal



G.V. Gudem

Inauguration of New Schools Gallery



Maheswaram



Bantwaram



Suryapet



Choppadandi



Armoor (G)



Kattangur



Jukkal



Chinnabonala

From the Heart

Pravalika (Alumni of TSWRS/JC Mahendra Hills) daughter of an auto rickshaw driver in Hyderabad, chased her American dream braving abject poverty. Pravalika says that the Community College Initiative Programme (CCIP, USA) increased her responsibility towards serving the poor and marginalized communities. Aiming low in life is a crime, says Pravalika. She talks about importance of self-confidence and how she intends to take forward the 'Payback to the Society' movement.....

Pravalika chased her American Dream braving poverty

Excerpts:

Hello Pravalika, congratulations, welcome back to India. Tell us how is the American education system different from the Indian system?

Thank you. I pursued diploma course in Business Management and Marketing successfully in America under the CCIP programme. Indian and American education systems differ in many respects. In America, classes are more of an interactive nature and teachers constantly encourage students to raise doubts in class. They dissuade rote learning and pay more emphasis on individual projects, group discussions, critical thinking, assignments and presentations in class. Infrastructural facilities are world class.

What were your initial experiences in America?

During initial days, I found it very difficult to communicate with Americans in English because I was worried that the others might look down upon me. But I always remembered Swaeroes 'Ten Commandments', most importantly the tenth commandment "I Shall Never Give Up". I mustered courage and started speaking in English without worrying much about others. Today, I am a very confident communicator in English to the astonishment of my friends and teachers. The CCIP groomed me in leadership and public speaking skills.

What are your future plans?

I would like to pursue Masters in Business Administration in a prestigious institution. I have only one dream in life and that is to establish a big business enterprise of my own. I want to break the glass ceiling and make my mark felt in the realm of business through promotion of women entrepreneurs from the marginalized communities. I have decided to help the poor people by providing jobs to them". I am a true follower of Ten Commandments. Noted Brazilian author Paulo Coelho says "when you want something, the entire universe conspires in helping you to achieve it."



MESSAGE TO SWAEROES

Aim high in life and work hard to realize the aim.

Be an agent of change Promote 'Payback to the Society' ideology

Thinking low of yourself is a crime Face the challenges and never give up

Self-confidence is the powerful weapon to achieve success. Aim to hit the bull's eye





FOLLOW THE LEADER

Triumphant Tina Dabi IAS Topper

22 year-old Tina Dabi carved a niche for herself in the history by being the first woman topper of civil services exam 2015 from Scheduled Caste (SC) community. She not only cracked the toughest competitive examination of the country but also bagged the first rank in her very first attempt. All India Confederation of SC/ST Organizations and alumni of the TSWREIS-Swaeroes felicitated Tina in Hyderabad for her great achievement. Graduated from Lady Shri Ram College, New Delhi. Tina's success can be a source of inspiration for scores of students from poor socio-economic background.

Hearty congratulations Tina. You have made it. How do you feel about this incredible success?

Tina: I am very much excited. I can't express this feeling in words. I still can't believe that I have topped the exam in the first attempt itself. It is an incredible achievement in my life.

SM: Who is your role model?

Tina: My mother Himali Dabi and father Jaswanth Dabi are engineers and they work with the government of India. I was born in Bhopal. My parents are my inspiration and they encouraged me in realizing my dream. In fact, my mother took voluntary retirement to help me with my studies. She has guided me since class 11 and groomed me for the civil service.

SM: When did you start your preparation for IAS exam?

Tina: I was a topper in BA course from Lady Shri Ram college, New Delhi. To be frank I started my preparation when I was in 11th standard. My mother suggested me to opt for humanities instead of sciences to prepare for this exam. I had joined Rao's Academy, New Delhi, in the year 2011 at the age of 18 years three years before the minimum age for applying for civils which is 21 years.



Tina Dabi lights a lamp



Hon'ble Dy. CM Sri Kadiyam Srihari felicitates Tina

SM: May we know why have you chosen IAS as your career?

Tina: I feel that helping the needy and the poor is the best service one can do for the society. A Civil service is a platform that provides an opportunity and authority to do it. I would like to be the torch bearer of Dr B.R. Ambedkar's ideals. He is the person who struggled and sacrificed his life for the cause of empowerment of the oppressed communities. His personality is a constant source of inspiration to me.

SM: Why did you choose Haryana state cadre especially when you had the chance to serve in Delhi only?

Tina: I always wanted to work in a challenging environment. I opted for Haryana as this state is grappling with the issue of gender inequality. In fact gender inequality subject is close to my heart. Haryana state presents a strange picture where there is a lot of economic progress but when it comes to social indicators it's patriarchal mindset and gender inequality presents a paradox.

SM: What are your hobbies?

Tina: Painting (Madhubani Art), basket ball, photography, travelling and reading novels of Jane Austin are my favorite hobbies.

SM: What is the secret of your success?

Tina: Preparation for civil services exam is a long and time consuming process. Many times I felt lonely and depressed. Other activities of our life become almost non-existent. Hence I think patience and single minded focus is the key to success. Candidates aspiring for civils should be prepared to work hard for 8-10 hours a day and should focus on his/her goal. **Regular study is a must and continuity must be maintained.** Awareness on and knowledge of current affairs and reading newspapers is very important. One should be prepared and willing to sacrifice distractions such as Facebook, Whatsapp and mobile gossips. Civil service aspirants constantly need to be motivated. A clear timetable has to be prepared allotting equal time for all subjects, reading only one subject for too long may cause boredom.

Revision and peer discussions are helpful.

SM: What is your advice to the Swaeroes?

Tina: It is a notion that only intelligent can crack the exam but YOU Swaeroes should remember that one need not compulsorily possess any special talent. **BEING ORDINARY IS NO HARM.** This exam is for hard workers and not for specially talented and the so called gifted students. If there is genuine interest in the subject, then anyone can crack the exam easily.

I want to reverse the trend of alarming girl child ratio in our Country



B. Ramesh Kumar
PGT (Eng) Uppalwai, Nizamabad





SHARON SHINES IN EAMCET



Her dream became a passion and she says a thorough understanding of concepts coupled with ample practice tests and time management are a sure way to success. Meet Sharon Rose who secured 1520 rank in TS Eamcet and she is deeply inspired by the Ten Commandments.

She shares her experiences with the Swaeroes magazine on cracking the **Eamcet** :

Congratulations on securing top rank in Eamcet, what was the response at home, from your well wishers?

Thank you so much for your compliments. I wanted to become a doctor nothing else in life. It feels great. First of all, I want to thank Secretary sir for launching free coaching for poor students like me. The Secretary strongly believes that lack of money should not hold anyone back in pursuing his/her dreams and aspirations. I am grateful to my family, Secretary sir and the Operation Blue Crystal Coaching (OPBC) staff at Gowlidoddi, Hyderabad.

Special thanks to Mr. Damodar who told me that I could crack medicine if I worked hard. Joining the OPBC programme was a turning point in my life.

How did you prepare for medical entrance exam?

I had practiced a number of mock tests with a focus on the time management. I strongly believe that practice of mock tests and time management are a sure way to success in entrance exams.

What tips would you offer to prospective medical aspirants?

My sincere advise to my fellow students is that 'have patience and focus on achieving the goal'. Practice as many mock tests as possible. Coaching certainly helps us in understanding the entrance examination pattern. While preparing for the test, I focused on theoretical concepts and mock tests, never mugged up things. Focusing on the theoretical concepts certainly helps us in building a strong base in any given subject. Believe in yourself and never forget the Tenth Commandment **"I SHALL NEVER GIVE UP"**.

What are your future goals?

My goal in life is to become a cardiologist and serve the poor and needy with a motto of **"PAYBACK TO THE SOCIETY"**. I believe that if you are a good human being, you can be a good and empathetic doctor.



CHASING AMERICAN DREAM

SHINING STARS OF TSWREIS

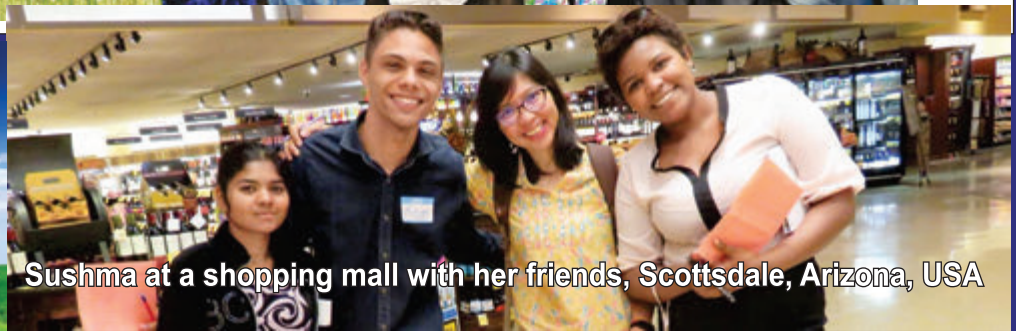


Chandra Kanth pays courtesy visit to the Governor, Green Bay, Wisconsin, USA

B. Chandra Kanth and D. Sushma were selected under the Community College Initiative Program (CCIP), USA, for the year 2016-17. The CCIP, USA has been promoting student exchange programs aimed at building technical skills, enhancing leadership capabilities and strengthening English language proficiency of the students. Mr. Chandra Kanth and Ms. Sushma studied intermediate at TSWRS/JC Shaikpet and Mattampally respectively. The Secretary felicitated the CCIP students in a grand manner in appreciation of their splendid achievement and making the TSWREI Society proud. The hon'ble Sri G. Jagadishwar Reddy, Minister for Scheduled Caste Development presented lap tops to Mr. Chandrakanth and Ms. Sushma. The students expressed their gratefulness to The Minister, Secretary, teachers, parents and well wishers. The Secretary assured of offering many more opportunities to the future achievers.



Secretary felicitates CCIP Fellows, Hyderabad.



Sushma at a shopping mall with her friends, Scottsdale, Arizona, USA

Tongue Twisters



- A tongue twister is defined as a phrase or sentence that is hard to speak fast, usually because of alliteration or a sequence of nearly similar sounds.

She sells sea-shells on the sea shore. The shells she sells are sea-shells, I'm sure. For if she sells sea-shells on the sea-shore, then I'm sure she sells sea-shore shells.

A problem of solving a problem is not a problem, but when a problem solves a problem without any problem, then the problem is not at all a problem.

Betty Botter's Butter



Betty Botter bought some butter,
But she said, "this butter is bitter,
Bitter butter is bad for batter."
So she bought some better butter,
To make her bitter batter better.

JOKES

Teacher : What is the chemical formula for water?

Student : H I J K L M N O.

Teacher : What are you talking about?

Student : Yesterday you said it's H to O.

Santa at an interview in an IT Company.

Manager: Do you know MS Office?

Santa : If you give me the address, I will go there sir.

భావితరం (యమత)

ప్రపంచము అనే మహాసముద్రంలో ప్రేమ అనే తుఫాన్ సుడిగుండాలలో కాలం అనే రథ చక్రాల క్రింద నలగకుండా కాలం అనే కప్పాల ఊబలోకి దిగకుండా మాయ అనే ఉచ్చలో సుండి బయటకి రావా నేస్తమా!

కన్నవారికప్పాల ఆకలి కేకలు, రోదన ఆర్ధనను విని గుండెకు హత్తుకొని గుండెనే గూడుగా చేసి వారి కప్పాలను తీర్చే మహా వృక్షంగా ఎదిగి పేదలు హీనులు, దీనులకు బాసటగా నిలిచి మరో ప్రపంచపు అద్భుత కిటికి తెరిచి కల్పవృక్షంలాగా కోరిన కోరికలు తీర్చి హలాహలము మింగిన శివునిలాగ ప్రతి ఒక్కరి కప్పానికి మరో అక్షయ పాత్రలాగా కామధేనువులాగా తల్లిదండ్రుల హృదయాలలో చేరిగోపాని విధాత రాతగా చరిత్రలో చెరిగిపోని శిలాక్షరాలుగా చరిత్ర పుటల్లో మరో ప్రస్థానపు కొత్తపుట కావాలి ... ప్రాణమా! భవితకు నువ్విచ్చే అద్భుత ఫలాలు భవిష్యత్తుకు దిశానిర్దేశం చేసి కోటి కాంతుల వెలుగుల దశదిశలా వెదజల్లాలి అని ఆశిస్తున్నాను నేస్తమా!

వై. మహేశ్వరి,

సి.ఆర్.టి(తెలుగు) వికారాబాద్.



TSWREIS Celebrates 51st Birthday of the Hon'ble Sri. Jagadishwar Reddy

Minister for Scheduled Caste Development

Sri Mahesh Dutt Ekka, Principal Secretary, Scheduled Caste Development Department, Dr R.S. Praveen Kumar, Secretary, students and staff, TSWREIS, Suryapet, greeted the Minister on his birthday.



PUZZLE-1

This ingenious old puzzle will test your logic and attention to detail Look at the picture carefully and answer the following questions



1. How many tourists are staying at this camp?
2. When did they arrive: today or a few days ago?
3. How did they get here?
4. How far away is the closest town?
5. Where does the wind blow: from the north or from the south?
6. What is Alex doing?
7. Who was on duty yesterday? (Give their name)

**Prizes will be given
to the WINNERS**

See the next issue for Answers

Answers can be submitted to the Community Coordinators or contentmanagers@gmail.com

MANO JAGRITHI

Don't let others control you

Friendship is a unique relationship and it is the most valuable relationship in the life of a person. Everyone needs a friend and the friends do influence attitude and behavior of the members of their peer group. "Peer pressure occurs when a peer group exerts direct or indirect pressure to conform. Peer pressure can bring about changes in behavior, thoughts, opinions, and feelings".

Membership in a group typically requires some degree of conformity. Not all conformity is damaging. For example, a peer group that exerts pressure on a member to serve the poor community is exerting positive peer pressure. However, peer pressure is most commonly associated with negative influences such as the pressure to use alcohol, smoke, defy authority, etc.

Students, don't get attracted to bad relationships, instead try to set a goal for yourself and focus on realizing the dreams. Understand the importance of life and lay emphasis on acquisition of knowledge and skills. Try to move away from the bad friendship networks. So take care of yourself and your family. One should develop sense of individuality and never succumb to negative influences and do not let others control you.

A. SWATHI, Counselor

RISE ABOVE

On the eve of Tina Dabi's Success

A lonely worker walks alone
 His hands rough and worked to the bone
 A pitiful sight
 A victim of a terrible fight
 But he has dreams
 The ones that could stop the nightmarish screams
 "Rise above!" He says to himself
 "We shall soon be free!"
 A country in it's aftermath of battle
 Rings it's citizens chain rattles
 The children don't dare to hide
 Because they have rules to abide
 And for every person who dies
 The graveyard sighs
 But my people say strong
 For we shall prove this tyrant wrong
 Oh you ruthless tyrant of my country!
 You shall soon see
 We shall be free
 Rise above
 Soon our country will showered with freedom, peace
 and love
 Rise above!
 We shall soon be free!

Swaetcha Swaero



సాక్షాత్తి

గలగల పారుతున్న సెలయేరులా
 కిలకిల నవ్వుతున్న మన స్వేచ్ఛోస్
 అన్ని రంగాలలో రాణిస్తూ
 అన్నింటిలో విజయం సాధిస్తూ
 సురగంగను సైతం భువి పైకి
 చేర్చగల శక్తి మాలో ఉందని
 నేనున్నానని మాకభయ యిచ్చి
 సాగరుడి వంటి స్వచ్ఛమైన మనసుతో
 జలముతో నారధిని నిర్మించి
 ఈదరి నుండి ఆదరికి భద్రుంగా చేరుస్తూ
 మందహాసాన్ని చిందిస్తూ
 అందరిని హృదయాలలో గంధర్వుడివలె
 వెలుగొందుతున్నాడు
 ఆయన ఎవరో తెలుసా?
 మనందరికీ తెలిసినవారు-మన గురుకులాలకు
 గురువయినట్టి మన ప్రవీణ కుమార్ సార్

- పి. అమరనాథ్, పి.జి.టి.(తెలుగు)
 తె.సా.స.గు.పాఠశాల కళశాల, బోర్లం,



What Kind of Mindset Do You Have????



Growth Mindset

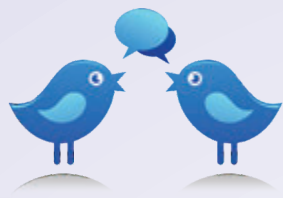
I can learn anything I want to
 When I'm frustrated, I persevere
 I want to challenge myself
 When I Fail, I Learn from mistakes
 Tell me, I try hard
 If you succeeded, I'm inspired
 My efforts and attitude determine everything in life



Fixed Mindset

I'm either good at it, or I'm not
 When I'm frustrated, I give up
 I don't like to be challenged
 When I fail, I'm no good and feel bad
 Don't tell me, because I'm smart
 If you succeeded, I feel threatened
 Efforts and attitude has no role.

The fixed mind-set oriented people believe that their abilities, intelligence or talents are fixed and consider that their talent alone brings success without any effort. People with the growth-oriented mindset always assume that abilities and skills can be developed through sheer determination and hard-work.



Chat with **DCO**

Mr. Krishna Rao
DCO with Commitment



Mr. Krishna Rao is a dynamic and diligent DCO of Mahabubnagar district. It is a matter of pride that the Collectors of Adilabad, Karimnagar and Mahaboobnagar districts gave awards to Mr. Krishna Rao in recognition of his outstanding leadership and management skills. He won the Best Principal award in the year 1995 and received a cash award of Rs 25,000 from the Education Minister of the erstwhile state of Andhra Pradesh. Mr. Krishna Rao has been toiling hard for the last three decades with an endeavor to transform the lives of the children from poor socio-economic background. Mr. Rao says “success and failure go hand in hand. One should have courage and self-confidence to rise to the occasion to manage crisis situations”.

1. Please tell us about your education background?

I hail from Nirmal town in Adilabad district. My father was a Hindi teacher. I had completed my high school and intermediate in Adilabad district. While I was pursuing B.Sc from SP College, Secunderabad, I joined the NCC Air Wing and got “C” certificate. I took training in Aero-modeling, Gliding and PABT (Pilot Attributive Battery Training) at Hyderabad. I got selected for Pilot Officer position in the Indian Air Force, but could not join because of my mother’s strong opposition. I pursued M.Sc Mathematics and B.Ed from Osmania University.

2. What are your perceptions about the NQP 2016 (New Quality Policy)?

The New Quality Policy is a unique programme which helps teachers to hone their teaching and communication skills. I firmly believe that the NQP should be conducted at school level itself on a regular basis. The NQP should become an important feature of school academic calendar itself. Principals and teachers should strive hard to promote the NQP in letter and spirit to bring laurels to the Society.

3. Could you share your personal experiences being part of the Society?

I joined the Society in the year 1985 as PGT Maths, Govt. SC Residential School Asifabad, Adilabad district. Several developments took place in our Society since 1985. It gives me an immense satisfaction that I have been serving the needy and deprived children from rural areas. I am proud that under my leadership many schools secured 100% results. A new era has begun under the vibrant leadership of Secretary Dr R.S. Praveen Kumar, IPS and his path-breaking programmes helped the students in reaching to newer heights in various fields at national and international level.

4. What is your message to teachers?

Every teacher should feel that he/she is a continuous learner throughout the life, and he/she should not hesitate to discuss with the youngsters, students and intellectuals about the need to promote high standards in education. The teachers should make great efforts in preparing lesson plans in advance keeping in view of the need to promote creativity and innovation among the children. It is important that teachers must keep in touch with the latest developments in pedagogy, communication and problem solving skills. I strongly feel that teaching should be more of an activity based than lecture method. Teachers must make every effort to create a better teaching and learning environment wherever they work and they should lay more emphasis on participatory management of classrooms.

Krishna Rao’s message to Swaeroes

My message to our Swaeroes is that they should not get discouraged when they face hardships in life. They should firmly believe that for millions of problems, there are trillions of solutions and they should always look at the brighter side of the life. Swaeroes should channelize their energies for educational empowerment of children at grassroots level through awareness programmes.



M. Srikanth
X, Balanagar

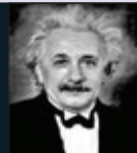
MY SCHOOL

My School, TTWRS, Balanagar, I feel, is one of the best schools in Mahabubnagar district. The ambience of the school is quite inviting and welcoming.

I took admission in VI class in this school in 2012 with an ambition to become a teacher. Later I got selected for Civil Services Foundation Course in IX class. This was the turning point of my life as my goal shifted from IAS to IPS with the inspiring words of our beloved Secretary Sir. I remember the great quotation, "Think like Genius, Work like Giant and Live like a Saint."

My school offers everyone to take part in many activities like games and sports, E-Plus Club, Youth Parliament, Ignite Fest, W-Plus Club, dancing, singing etc. I am fortunate enough to be one of the School Council members and the Literary Secretary of the Emerald Group. Students of every class in our school are divided into four groups like Sapphire, Ruby, Emerald and Topaz. Many competitions are being held among these groups.

I got the opportunity to participate in Synergy and Summer Samurai. My parents also felt very happy for participating in the IMPACT programme. My school is the best with best teachers who are very friendly and at the same time tune us to be more disciplined and shower us with parental affection. That is why I love my school very much and I am very proud of it.



"Try not to become a person of success, but rather try to become a person of value." - ALBERT EINSTEIN



STATE LEVEL EXCELLENCE AWARDS FOR THE BEST TEACHERS AT RAVINDRA BHARATHI



Our Hon'ble Minister, Sri A. Chandu Lal addressing our Teachers and Students



B.Seetha Manohar Rao,PGT-English, Balanagar



A.V. Raja Lakshmi, Principal, Ankampalem



Dr. A. Srinivasa Swamy,JL-Maths, Adilabad



T.Nageswar Rao,TGT, Badrachalam



G. Anjaneyulu, PD-, Balanagar.

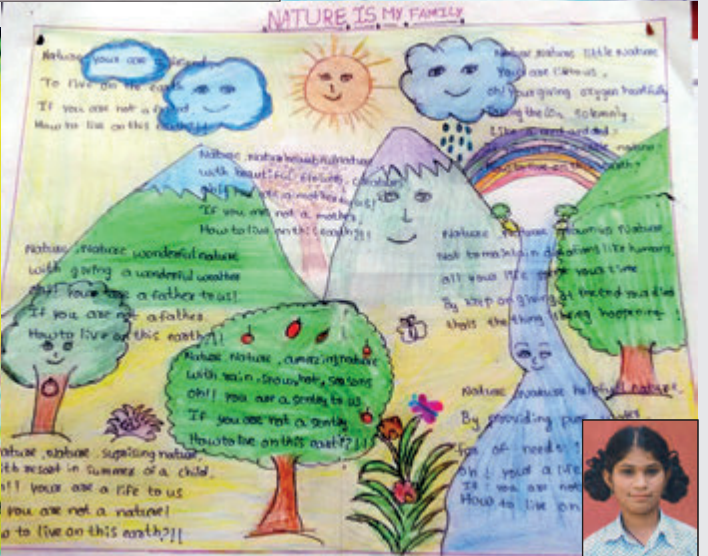
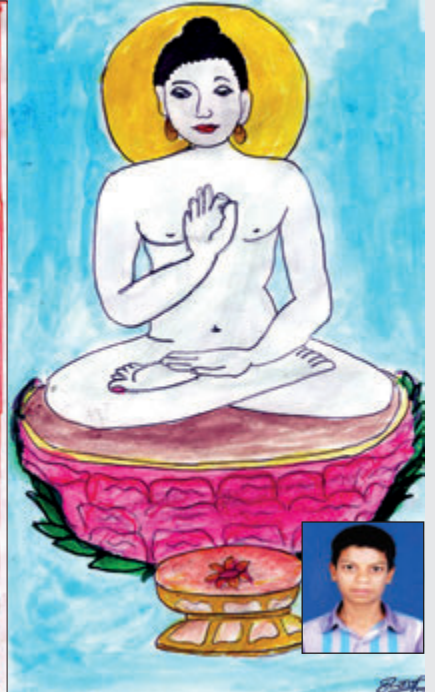
**A great teacher can INSPIRE HOPE, IGNITE IMAGINATION & INSTILL a LOVE for LEARNING.
HEARTY CONGRATULATIONS TO ALL THE TEACHERS!!!!**

TOPPERS



ART GALLERY BY TTWR STUDENTS

Art does not exist only to entertain, but also to challenge one to think, to provoke, even to disturb, in a constant search for truth. The greatness of art is not to find what is common but to find what is unique. A work of art is above all an adventure of the mind. Below are some of the masterpieces generated by our children at TTWR institutions.



SCIENCE CORNER

DO YOU KNOW?

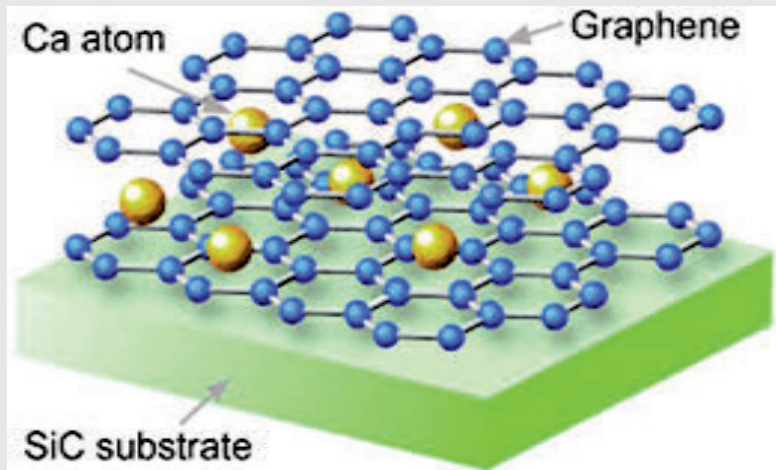
Graphene: The new wonder material.

As its name indicates graphene is extracted from graphite. The material is used in pencils. Like graphite, graphene is entirely composed of Carbon atoms. For a thickness of 1 mm graphite contains some 3 million layers of graphene. The Carbons are perfectly distributed in a hexagonal honey comb formation only in 0.3 nanometers thickness.

Graphene conducts electricity better than Copper. It is 200 times stronger than steel but six times lighter. It is almost perfectly transparent to light.



Prepared by
A. Mounika
10 th, TTWRS, Echoda



Puzzle - 2

Find at least 15 words hidden in the the given matrix.

e	s	p	e	c	i	f	i	e	d	t	i	o
v	a	d	s	h	p	e	s	t	n	o	m	g
e	i	a	v	e	r	a	g	e	s	p	s	d
l	p	c	a	t	e	P	m	b	r	h	g	d
o	i	a	y	o	g	g	b	k	b	n	i	a
c	t	o	h	b	e	i	i	t	s	r	j	b
i	w	n	i	s	p	e	e	d	e	c	o	d
t	s	o	t	e	e	e	o	c	a	r	u	m
y	r	i	t	r	t	f	t	h	i	j	r	n
d	s	t	a	v	r	i	l	m	o	p	n	o
o	n	o	r	i	o	n	o	p	q	t	e	q
b	o	m	y	n	l	s	s	p	o	r	y	r
e	o	n	a	g	p	o	r	o	s	t	y	t

Answers can be submitted to the Community
Coordinators or contentmanagers@gmail.com

Rathod Saraswathi
9th Class
TTWRS (G) - Echoda



Felicitation to The Young Heroes of
MT. RENOK & MT. KILIMANJARO
 By Hon'ble Minister, Sri Azmeera Chandulal



Grand welcome at Airport



Heroes at Mt. Kilimanjaro Peak

DISTRICT LEVEL SEMINARS - An Enthralling Experience

It was a great opportunity to participate in the District level Seminar under New Quality Policy – 2016 which was conducted in Warangal district on 11th August 2016. My seminar topic was **‘How did Wangari Mathaai attain success?’** The seminar opened wide avenues to be ventured and paved way to the inquisitive minds of the participants and also the audience in particular. The first hand experience was extremely fantabulous and was a platform for many of us to learn new concepts and share our ideas.

The seminar irrevocably helped me improve my knowledge base and provided me exposure on how to project and deliver various subject concepts and theories. Technically speaking, I am alien to power-point presentations, but this seminar initiative has helped me to acquaint myself with various modern Teaching and Learning tools.

Our Gurukulam introduced New Quality Policy – 2016 (NQP) to empower the teachers and strengthen the academic standards. Seminar in Science subjects was held at TTWRS (B), Balanagar. I browsed the internet and referred many books for the Seminar.

The seminar started with high levels of enthusiasm and all the participants delivered the seminar in a friendly environment. Our Secretary addressed the participants and inspired and motivated them to participate with zeal in the seminar session.

I presented my seminar in the presence of our beloved Secretary. The technical support team extended their co-operation by displaying the power point presentation without any technical hazards. The topic of my Seminar was “Conservation of Energy”, which I presented with relevant experiments using a match box and dry cell and a glowing bulb with an electric wire. The explanation of Hydro-electric dam, automobile working, cell phone working and finally physically working mike set were also considered.

Questions were asked on conservation principle, limitations and isolated system. On being asked, I explained to the students the thrown up stone case. It was the happiest moment in my life and the experience boosted up my confidence for another successful endeavour and for a better performance in the future.

J.Satheesh Goud,
JL in Physics,
Karimnagar.



The seminars provided us with an outlook and an opportunity to share our personal experiences and observations with one another. This program not only catered to the sharing of knowledge, strategies and techniques to be adopted in the teaching-learning atmosphere but also acted as a catalyst to build friendly relations in a pleasant environment and strengthen the existing bonds of the tribal welfare family.

I think this seminar was especially effective and is much needed to improve our skills, and I am happy that I could share my knowledge with other colleagues and felt the real essence of having such interactions with the teacher-student community. The evaluators and Gurukulam Officials were excellent in extending their due encouragement and co-operation to the participants.



R.BHASKER RAO
PGT, BALANAGAR,



గిరిజన గురుకుల విద్యాలయాలలో జిల్లా రాష్ట్ర స్థాయిలలో విద్యావిషయక గోష్ఠులు - వీటీనే మనం సెమినార్లు అంటున్నాం - నిర్వహిస్తూ ఉండడం స్వాగతించ తగిన అంశం.



ఎస్. సీమాన్, చక్రవర్తి
ధర్మాచలం.

ఆయా సభ్యైక్కులలోనూ తగిన అంశాలు ముందుగా ప్రకటించి, ఆధునిక సాంకేతిక పరిజ్ఞాన వినియోగంతో 15 నిమిషాల పాటు విషయ విశ్లేషణ చేయించడం, ఆ పిదప శ్రోతలూ భాగస్వాములైన విషయ నిపుణులూ విద్యార్థుల సందేహ నివృత్తికి 5 నిమిషాలు కేటాయించడం బాగుంది. ఈ ప్రయోగం వల్ల ఉపాధ్యాయ బృందం బాగా సంసిద్ధులు కావడమే కాకుండా ఆత్మవిశ్వాసం పెంచుకోకల్గుతారు సభాకంపం వోగొట్టుకుంటారు. ఆనుభవాలూ ఆలోచనలూ పంచుకుంటారు. నైపుణ్యం పెంచుకుంటారు. నేను మోల్గొన్న నరసాపూర్ (మెదక్ జిల్లా) గోష్ఠి బాగా జరిగింది. పై లక్ష్యాలు సాధించింది. ఉపాధ్యాయ మిత్రులు చాలా బాగా విశ్లేషించారు సాంకేతిక పరిజ్ఞానం బాగా ఉపయోగించుకున్నారు, విషయ నిపుణులు స్నేహ పూర్వక వాతావరణంలో అక్కడక్కడ ఒకటి రెండు సూచనలు చేసారు, ఏర్పాట్లు బాగున్నాయి, ఈ గోష్ఠి నిర్వహణ రూప శిల్పయైన కార్యదర్శి వారికీ సహకరిస్తున్న గురుకులం సిబ్బందికీ నా అభినందనలు, ఈ గోష్ఠులు మరింత విస్తరించి గిరిజన గురుకులాలలో విజ్ఞానవిద్యా వికాసానికి పరిధి చేరవాలని ఆశిస్తున్నాను.

I got the opportunity to participate in the seminar held at TTWURJC, Miryalguda and my topic was “The Success of an Institution is in the hands of the School Leader.”

It was a first-hand experience for me, which gave me an opportunity to present my seminar amidst the subject experts, colleagues and the Officers of Gurukulam, for assessing myself and sharing my views on how the leader of the institution plays a key role in the success and development of the institution. I felt that the participation in the seminar itself was a thrilling and a different experience to me on one hand and projecting my ideas before the peer group was an unforgettable memory on the other.

Really, it is a very good opportunity for all those who participated in the seminars. Such seminar sessions, undoubtedly, help us to develop confidence and improve public-speaking skills. I am very much thankful to our Secretary for this opportunity and to all those who extended their co-operation in my preparation.



S.Kalyani,
Principal, Damaracherla.

BODY SYSTEM CHALLENGE

Thirty-one terms related to the human body systems are hidden in the puzzle.
Find each word and then write it on a line with its correct system.

B	A	N	B	R	A	I	N	W	H	N	O	E	P	Q	S	Y	M
Y	L	R	O	S	P	E	R	M	K	S	F	E	S	I	R	K	T
S	O	A	T	R	D	E	I	D	D	P	C	M	M	A	A	R	P
W	E	H	D	E	U	G	B	P	A	T	A	R	T	L	A	E	O
O	H	T	Q	D	R	E	M	H	O	L	E	I	L	C	S	I	R
M	E	I	S	V	E	Y	N	R	L	D	U	E	H	U	M	L	E
R	G	E	T	E	S	R	A	I	I	T	T	E	M	S	Z	R	V
W	G	O	A	E	T	L	N	P	I	A	A	Y	K	E	Q	Q	A
U	S	C	F	L	B	T	E	P	P	K	H	G	T	O	J	R	H
R	G	W	Z	A	E	L	E	Q	B	T	D	W	S	X	X	P	P
E	K	N	D	S	S	B	O	S	U	C	M	I	D	J	P	E	A
V	J	P	T	U	R	S	K	O	O	A	E	U	O	Z	A	C	T
I	O	I	I	O	T	I	F	X	D	P	D	N	N	R	G	I	R
L	N	D	N	O	D	V	M	E	H	C	H	R	O	R	Y	B	O
E	A	C	M	N	U	C	G	G	Z	Q	E	A	I	M	E	H	A
R	H	A	E	L	U	N	G	U	Z	V	O	L	G	C	R	T	T
I	C	Y	H	E	A	R	T	X	Q	B	E	G	L	U	E	O	S
H	S	P	I	N	A	L	C	O	R	D	B	T	Q	Y	S	P	H

Skeletal:

- _____
- _____
- _____

Muscular:

- _____
- _____
- _____

Circulatory:

- _____
- _____
- _____

Digestive:

- _____
- _____
- _____

Respiratory:

- _____
- _____
- _____

Excretory:

- _____
- _____
- _____

Nervous:

- _____
- _____
- _____

Endocrine:

- _____
- _____
- _____

Reproductive:

- _____
- _____
- _____

Immune:

- _____
- _____

Integumentary:

- _____
- _____

Answers can be submitted to the Community
Coordinators or contentmanagers@gmail.com

Prizes will be given
to the **WINNERS**

POT POURRI

- Tree, like a mother
- Gives us food to eat.
- Tree, like a father
- Gives shelter all the while.
- Tree, like a brother
- Protects us from pollution.
- Tree, like a sister
- Cleans and purifies the air.
- Tree, like a friend
- Keeps cool and helps in raining.
- Tree is one of our family members.
- It is the breath and
- The Goddess of Earth.

Message: Trees are everything for our life.

TREES



B.Vilas

MPC Ist, Karimnagar.



DIARY OF A BABY

Stage-I	Stage-II	Stage-III
<ul style="list-style-type: none"> * 2-Month * I got attach With Ovary 	<ul style="list-style-type: none"> * My Food is what My Mom Eats 	<ul style="list-style-type: none"> * How I am a Girl? * "But" * I Was Dead * Mom and Dad killed Me. Why? * It is just because * I Was a Girl?
<ul style="list-style-type: none"> * I am tissue Now 	<ul style="list-style-type: none"> * I Can Feel My Heart beat 	<ul style="list-style-type: none"> * people want to have a "Mother"
<ul style="list-style-type: none"> * Mom Said to Dad You're going to be Father 	<ul style="list-style-type: none"> * I have little Hands, Legs, head and a Stomach 	<ul style="list-style-type: none"> * people want to have a "Wife"
<ul style="list-style-type: none"> * Mom and Dad are Very Happy 	<ul style="list-style-type: none"> * Today I was in an Ultra Scan 	<ul style="list-style-type: none"> * people want to have a "Girl friend" too? * Then why not a "daughter"? * <u>conclusion</u> - stop female foeticide "Save Girls"



She sells sea-shells on the sea shore. The shells she sells are sea-shells, I'm sure. For if she sells sea-shells on the sea-shore, then I'm sure she sells sea-shore shells.

A problem of solving a problem is not a problem, but when a problem solves a problem without any problem, then the problem is not at all a problem.

A good cook could cook as much cookies as a good cook who could cook cookies

If one doctor doctors another doctor does the doctor who doctors the doctor doctor the doctor the way the doctor he is doctoring doctors? Or does the doctor doctor the way the doctor who doctors doctors?



Workshops & Trainings



Workshop with the Head Masters of Mini Gurukulams



Secretary Addressing the Principals



Principals: G. Surender, B. Aruna Sri, T. Srinivas, D. Srinivas Reddy, T. Sampath Kumar

Decisive & Principal Par Excellence

RAJYALAKSHMI

T rue leaders understand that leadership is not about them but about those they serve. It is not about exalting themselves but about lifting others up. Yippie!!! That's what makes a LEADER a LEADER....

The above lines dance in tune with the traits of a multi-faceted personality, a dynamic persona, our leading Principal, Mrs. A. V. Rajya Lakshmi, Principal of TTWRJC, Ankampalem, Dammapeta Mandal, Khammam District, who invariably makes her presence at every nook and corner, in every student's heart, nevertheless, does not miss out to traverse in to her teachers' mind, to walk that extra mile of her life and to bring out those moments of joy and happiness to permanently harbor in the abode of her institution.



1. What was your first hand experience as a Principal of the institution?

I felt proud for being the Principal of this Institution and the first sight of the institution and the atmosphere itself gave me a great feeling. This first-hand experience provided me with a lot of strength to outperform my responsibilities as the head of the institution.

2. What according to you is the most important aspect for an institution to reach high level of proficiency across domains?

In my view, discipline, punctuality, commitment and dedication towards the duty are direly required for the growth of an institution and these act as the pillars for the development of the institution.

3. What are the three most important goals you would want to reach in your institution?

Help the students to grow according to their potentials

Mould the students as future good citizens thereby nation will be benefitted.

Encourage to bring out the inherent skills of the students.

4. What is your role in guiding and mentoring teachers for the betterment of students?

I believe in providing them with required trainings, exposure and help them upgrade and update their knowledge levels in all aspects for the betterment of my students.

5. How would you involve parents more in their child's education?

We arrange parent-meets and review the performance of their ward's education and motivate the parents to provide due encouragement to their children from their end too.

6. Is teaching your passion or is it administration that you feel more inclined to?

I like teaching profession more than administration, because direct interaction with students gives me more satisfaction. At the same time I always try to outperform my responsibilities as the Principal of the institution.

7. What was the most challenging phase of your life?

Outspokenly, taking up and fulfilling my responsibilities as the Principal of TTWRJC, Ankampalem, is itself quite challenging and it always keeps me fuelled with required strength and vigor.

8. How are the recent inclusions like E-Plus, W-Plus and T-Plus Club activities impacting the teacher and student community?

These activities mainly focus on imparting speaking and writing not only for students but also for teachers. We are all quite benefitted with these new initiatives started in Gurukulam institutions.

9. What is the message to our students and teachers?

Patience is the best tool for success. At the same time, you need to be determined to face all the challenges that come your way. Strong determination and will power will help us grow stronger from inside and make us hard to face all turbulences and hardships with confidence and courage



A VOYAGE TO UNRAVEL THE CHRONICLES OF SUCCESS - WITH A MOTTO TO CONQUER AND CONQUEST



Success does not lie in “RESULTS”, but in “EFFORTS”,
“BEING” the BEST is not so important, “DOING” the BEST is all that matters.

Mr. Kethavath Thourya, an exemplary personality, strived hard for success amidst turmoil, bagged the Railway Ministry Award and the General Manager Award with his undaunted spirit and technical calibre surmounted the pinnacles of his career.

1. Tell us something about your schooling?

I am K. Thourya, hailing from of Teldevarpalli Village, Chandampet Mandal, Devarakonda Constituency, Nalgonda District of Telangana State. I did my schooling at AP Residential school of Eturunagaram of Warangal district.

2. What are your memorable experiences of your school or hostel days?

In 1986, AP Residential School, Eturu Nagaram, was badly affected by floods and was submerged under water as the water level rose up to the height of an electric pole and all students supported each other and migrated to a building, which was still under construction, collecting all the school furniture and trunk boxes of students without any loss of life. That period was very crucial and taught me how to face hardships and turmoils in life.

3. What are the skills an IAS/IPS/IRS/IES should possess to deliver their best service to the people?

Commitment, hardwork, positive approach, industrial relationship, social responsibility with integrity are the basic essentials to deliver our best to the society.

4. Discuss your journey towards success.

Strong belief in education and determined affinity towards learning made the first step to join APRS, Eturunagaram. The school provided me with a healthy and home-environment for learning and all-round development and value-based education which built a strong foundation for pursuing secondary education and graduation. Further, the creative thinking and innovative approach in the Railway Service in career spanning 17 years for improving the productivity and reliability of Electrical Organization of IR. Further, I underwent a study tour on Dedicated Freight Corridor Training at Beijing, China.

5. In what way you would like to serve the tribal community?

I have associated myself with intellectuals and social workers to empower the tribal communities in various fields including health, nutrition and education, particularly girl child education. I have been conducting awareness programmes on evils of superstitious beliefs at grassroots level. I have established safe drinking water plant at Eturu Nagaram School, and planning to established smart learning e-library for ashram school Achampet Mahaboobnagar Dist. In association with NGO GBWS, several libraries were established for the purpose of helping the youth in preparing for competitive exams.

6. What are the changes that the Government should bring about in the primary education sector?

Education with quality is a key for social, ecological, economical and sustainable consistent development. The Government should give thrust to the primary education with improved quality and promote the concept-based education and girl-child education supplemented with veritable aspects of health and nutrition.

- B. Seetha Manohar Rao, PGT, English, Balanagar



Driverless engines for goods trains

Vijayawada SCR division develops electric loco engine fully operated by remote control



FIRST OF ITS KIND: Member (Electrical) of Indian Railway Board Anvesh Chandra conducting the test run of a remote-controlled electric loco engine in Vijayawada on Friday. PHOTO: RAJU V.



Haritha Haaram

A Ground-breaking Initiative



Boath



Adilabad



Thungathurthy



Kalvakurthy



Damarcherla



Devarkonda



Devarkonda



Karimnagar



Narsapur

New Schools Inauguration



Wardhannapeta



Jainoor, Adilabad



Thiriyani Project Off.



Kataram



Siricilla.



Indravelli



Mahabubabad



SIRPUR (T) KAGAJ NAGAR



TTWREIS GIRLS BHAINSA
AT MUDHOLE
INAUGURATION FUNCTION
ON - 10.08.2018

Mudhole



Mr. Sadanandam is a dynamic DCO of both the districts – Warangal and Karimnagar. He has a proven record of remarkable performance and is known for high level of commitment and dedication to his profession with an ultimate objective of serving the needy through the tool of education. He strongly believes in hardwork, planning and self-assessment in order to help the tribal community. He is a meticulous planner and a go-getter when it comes to meet the requirements in his jurisdiction. He is a master in playing with words with a magical charm and a vigilant officer in dealing with the officials.

1. What are the different roles and responsibilities you have dealt with so far? What was the most challenging one? Why?

Throughout my career I moved from one role to another encountering a new challenge in each role but I need to accept that the role of a District Co-ordinating Officer has been the most challenging one. So far, as it is a newly created position, understanding the responsibilities and co-ordinating with different personalities within the organization & outside the organization by exhibiting both academic and administrative role is a novel experience.

2. What was your most memorable experience as a DCO?

As a DCO I got utmost satisfaction when I shifted the Mini Gurukulam Dharmaram, Karimnagar, which was in a dilapidated condition into the new building within 3 days of visit to Dharmaram. I took the consent of our Secretary and did it immediately. This incident boosted my levels of confidence not only to think about a change but to make a change.

3. How do you find the role of DCO? Is this role quite challenging?

Yes, the role of DCO is quite challenging. It is a role of liaisoning with the principals and the higher authorities.

4. What are the techniques that you adopt to tackle problems and complete the assigned task within the timeline?

Meticulous planning and transparency in executing the plan, spontaneity in attending the issues as well as collective and consensus decisions make me complete the assigned task within the timeframe.

6. How best do you think the DCOs-the touch points, help the institution as a whole?

The head of institution should maintain the head quarters invariably.

Transparency in administration is a must.

Collective decisions need to be encouraged and practiced.

Creating the feeling of oneness among the staff and students.

Novel thinking in attending the issues

Nip in the bud policy

Coordinating with the people involved in the issues.

Providing the necessary counseling and attempts to bring out unity among them.

7. Do you find a massive change in the mindset of the students and their psyche? Please comment?

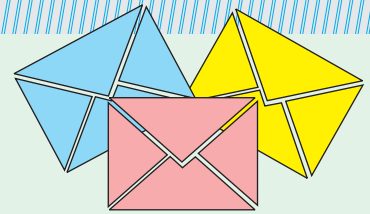
I observed that the confidence levels of students reached Mount Renok and Mount Everest. We can witness among the students the feeling of confidence. All the students are trying to speak in English and trying to participate in all the activities enthusiastically.

8. What is the secret of your success and who is the driving force behind this success? What is your message to our students?

Meticulous planning and execution with transparency is my secret to success. The driving force behind the success is none other than our beloved Secretary, Dr. R.S. Praveen Kumar, IPS, because he is always there providing constant, consistent, spontaneous support and encouragement to the entire family of Tribal Welfare. The Ten Commandments, that eventually lead us ahead in life, is my message to the students and there is no other alternative or shortcut for hard work and we are destined to achieve success.

- B.Seeth Manohar Rao,
TGT English, Balanagar

READERS MAIL



Swaeroes magazine has been providing a platform for the students to showcase their artistic and literary talents. This magazine truthfully reflects the voice of the Society and its activities. The Cover Story and the Follow the Leader columns are a source of inspiration for the students as well as to the teachers. Bringing out a magazine is an innovative experiment as far as the government education sector is concerned. Congratulations to the entire Swaeroes magazine team. I feel that there should be a separate column for Telugu short stories as many students finding it difficult to write stories in English.

Saidulu I

TSWRS Principal,
Bellampalli

Swaeroes magazine mirrors the great achievements of common people braving crippling poverty and deprivation. The characteristic features of this magazine are that it is very lucid and exceptionally inspirational. Picturesque nature of the magazine is very much appreciable and I always discuss the success stories featured in the magazine with the students to instill a sense of self confidence among them.

Narasimha T

PGT (English, TTWR School (B)
Gandhari, Nizamabad

The magazine is very colorful and interesting as it covers many subjects. I like Secretary Sir's column because this column helps me to improve my English vocabulary. I believe that more inspirational quotations need to be included in the magazine. I also suggest that there should be a separate column for short stories.

Archana

VIII A TSWRES
Thungathurthy, Nalgonda (Dist)

I really appreciate the collective effort of the Swaeroes magazine team in reaching out to the students, teachers, DCOs and role models in the society. Topics on mind mapping, confidence building and examination tips should be covered regularly in the interest of the students.

Geeta S Prasad

Nirmaan Vidya Helpline

Swaeroes magazine provides very useful information on issues like career counseling, maths, science, etc. Polymaths and Curiosity corner columns are very enlightening. Magazine is reflecting the voice of the students. The magazine has become an important instrument in creating awareness on various issues ranging from academics to personality development. Thanks to visionary Secretary sir.

B Chandrakanth

(Swaeroe)
Nizam College

It is an excellent and inspiring magazine. The Cover story and the Follow the Leader columns are especially moving. I also like 'My School' feature because we get to know many things about what the other schools are doing in the curricular and extra-curricular fields. Polymaths section is also really helpful.

Srilatha

IInd year Bi.PC
TSWRS/JC Adilabad

Polymaths section is exceptional and I learnt many new concepts and methods to solve mathematical problems. It is a superb magazine and jokes are interesting. Thanks to Secretary sir.

Meghana

VIII A
TSWRS Rayaparthi

Secretary Speaks..



Dear Swaeroes.....

I am slowly recovering from the sweet pains of my adventure last fortnight. I ran Hyderabad Full Marathon 2016 (42.2 Km) in 5.24 Hrs. At the age of 48 years, I pat myself on my back for this doggedness. I not only ran for myself, but for you all. I wanted to prove, if you believe in Swaero Ten Commandments and work hard towards a goal with iron discipline, you can achieve it. This accomplishment gave me a bout of fresh energy to achieve the dream of our hon'ble CM of giving the best education to the millions of marginalised children in Telangana.

Our legendary Everester, Malavath Poorna successfully led a team of 18 students of Gurukulam, TSWREIS, and KGBVs to Mt. Kilimanjaro- the highest mountain in the African Continent. Poorna also addressed the world through the prestigious TED talks, which is definitely a rare privilege.

With Pravalika back from the USA, another three Swaeroes Chandrakanth, Sushma, and Srividya left for the USA again. Our string of successes continue on this front with many students joining central universities pursuing many courses including learning Mandarin and Russian languages.

I am proud to share that 4000 of your senior sisters joined our fledgling residential degree colleges, thanks to our honourable CM and his wonderful cabinet ministers. We hope to be able to stabilise these colleges by the end of this academic year.

We have had intense discussions with School Councils and also organised Leadership Summit for them. Hope they have shared with you all the happenings. We have gone through the Summer Samurai projects of 2016 and I had tears of joy by looking at the quality of work that you have turned out during holidays. I congratulate all the winners of Samurai projects who will be given fabulous rewards during School leaders convention 2016.

Our hon'ble Ministers Sri Jagadish Reddy and Sri Chandulal have sanctioned a lot of goodies for you so that your stay can be comfortable in the institutions. Panacea 24X7 Health Command Centre is one of such important proposals accepted by the ministers. Keep watching for many more exciting things in the campus.

Best

Go Swaeroes --- Go Cosmos --- Go Heroes

Yours

Praveen Kumar Swaero

Our Hall of Fame



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